

Consent form for treatment

Osteopathy is a touch-based paramedical treatment that sees the body as a single unit. Its goals are to treat the source of the problem and help in alleviating pain by improving the movement of the body and the proper functioning of its various systems.

The method is based on the following principles:

- The body is a single functional unit
- The body has the ability to heal itself
- Body structure controls its functioning
- Maintaining free blood flow and normal nerve conduction

The osteopath treats the skeletal and musculoskeletal joints, the spine, the ribs and the skull, as well as within the body - the internal organs, the lymphatic system, the nervous system, and the soft tissues that connect them. At the beginning of the diagnosis a medical interview is held during which you will be asked to provide all the required medical information. The diagnosis includes the examination of the patient's posture, the position of his joints and the quality of his movements. Treatment is done lying down, sitting, standing and sometimes in motion, and includes various manual techniques for diagnosis and treatment. Treatment may include work on the tissues of the pelvic floor and front of the chest, as well as on the rest of the body. Treatment may also include work inside a cavity of the mouth for the treatment of the palate, with disposable gloves.

During treatment, the osteopath, a member of the Osteopath Association, respects the patient and complies with the guidelines of the Code of Ethics of the Israeli and European Osteopath Associations. The cost and duration of the treatment is subject to earlier clarification.

Your rights as a patient:

- If you experience discomfort from a particular technique during treatment, the osteopath will be obliged to adapt the techniques at your request.
- You have the right to ask the osteopath to stop any technique or to refuse treatment completely without any consequences, at each stage.
- You will be given the opportunity to ask questions about the diagnosis / treatment protocol and receive adequate answers on each issue throughout the course of treatment.
- You will be given appropriate information about possible side effects that may occur as a result of the treatment.
- All information is confidential and no identifying information will be published. All information is for the osteopath's use only unless you have given permission to share your information with doctors or other professionals in order to improve treatment results.
- It is recommended that you ensure that the therapist is a member of the "**The Israeli Register of Osteopaths**" (IRO, the Israeli Osteopath Association).

Please note: If the patient cannot manage on his own or is a minor, he must be accompanied by an adult (guardian).

Disclaimer:

I hereby declare that I have read the above and agree to accept the proposed treatment.

Name _____ Signature _____

Date _____